



**LIGHTHOUSE**  
*for the BLIND*  
ST. LOUIS, MO.

Space Camp is an exciting adventure yet is also an intense and action packed week. Space Camp (SCIVIS) is quite different from a recreational “camp”. Campers will occasionally spend hours in lectures and training for missions and other adventures. Days are long and kids need to be able to keep focused for long periods of time. Please see the “Space Camp Programs” list of activities that campers will participate in to consider if your child would be qualified.

The travel demands required of students attending Space Camp involve negotiating a variety of environments. They must travel within the very large Space Camp campus as well as the dorm facility and remain oriented on occasional community excursions. Campers must be able to walk for long distances and long periods of time. While campers typically travel as a group with counselors, chaperones and other students present, each camper is encouraged to be as independent as possible in these settings. If your child uses a cane for any kind of travel, they will be required to travel with their cane at all times while attending Space Camp.

Your child will need to have the necessary independent organization, personal hygiene and social skills to be away from home for one week. They will need enough personal initiative to attempt new challenges and willingness to interact positively with blind and visually impaired peers. There may also be pre-camp activities that require participation.

To be able to attend Space Camp, a camper must be able to complete all tasks listed below

**INDEPENDENTLY.** Campers should be able to wake up and be prepared to leave the dorm within 45 minutes.

**If your child is not independent in these skills, you may want to begin practicing them so he/she will be independent at the time of Space Camp (September). If your child attends camp and does not possess these skills, it may jeopardize their opportunity to attend Space Camp in the following years.**

***Independent Skills Required to Attend Space Camp:***

**Clothing**

Dress Self: button/zippers

Tie/Velcro shoes

Pack suitcase or assist in packing

Be familiar with own clothes (identification)

Independent use of a lock

**Personal Management**

Wash & style own hair

Independent showering & hygiene (deodorant)

Independent toileting

Brush teeth

Eye care (prosthetics)

Use of personal supplies (female protection)

Knowledge of medications

### **Independent Thinking**

Choose appropriate clothing (weather, activities)  
Pack day bag for outing

### **Orientation & Mobility**

Sighted Guide  
Independent Cane Skills  
Soliciting help when appropriate

### **Sleepovers (may need to climb ladder to bunk beds)**

Practice packing for overnight  
Go to sleep independently

### **Money Management**

Storage of money  
Carry a wallet with \$ and ID

### **Social Skills**

Can meet new friends & maintain friendships  
Age appropriate behavior when away from parents  
Have some interest in space & academics

### **Eating**

Appropriate use of utensils (knife for cutting)  
General social etiquette  
Can open packages (condiments, milk cartons)

**SPACE CAMP PROGRAMS-** *Please review each program to determine if your child will be qualified to participate.*

**SPACE CAMP (Grades 4-6)**

- Must be able to independently dress self and prepare for a full day of activities usually beginning at 7:00 am and ending at 9:30pm
- Must be able to walk 5-10,000 steps per day
- Must listen to 10 hours of history
- Must perform 8 hours of experiments with a team
- Must construct a rocket and launch it
- Must actively participate in astronaut simulators
- Must attend 3 hours of mission training
- Must be able to read (in large print or Braille) scripts
- Must participate in two 2-hour space missions
- Will view I-MAX or 3-D movies

**SPACE ACADEMY (Grades 7-9)**

- Must be able to independently dress self and prepare for a full day of activities usually beginning at 7:00 am and ending at 9:30pm
- Must be able to walk 5-10,000 steps per day
- Must listen to 10 hours of history
- Must perform 8 hours of experiments with a team
- Must be able to read (in large print or Braille) scripts
- Must participate in two 2-hour space missions
- Must participate in 14 hours of robotics
- Will view I-MAX or 3-D movies
- Must actively participate in teamwork activities
- Must actively participate in Jet Fighter Simulations
- Must participate in Land Survival activities

**ADVANCED SPACE ACADEMY (Grades 10-12)**

- Must be able to independently dress self and prepare for a full day of activities usually beginning at 7:00 am and ending at 10:00pm
- Must be able to walk 5-10,000 steps per day
- Must actively participate in Space Suit Theory and Design
- Must actively participate in Space Physiology
- Will participate in Scuba Space Walk Training (\*certain medical restrictions may prohibit the trainee from Scuba diving.)
- Must actively participate in Aeronautic Design
- Must actively participate in Jet Aircraft Simulations
- Must actively participate in Orbital Mechanics
  
- Must actively participate in Teamwork
- Must actively participate in Air to ground training
- Must actively participate in Aviation principles:
- Must actively participate in Forces of Flight
- Must actively participate in Aviation Weather
- Must actively participate in Control Surfaces
- Must actively participate in Propulsion
- Must actively participate in water survival skills
  
- Must actively participate in Lake Activities
- Must actively participate in Shelter Building
- Must actively participate in Fire Building
- Must actively participate in Seal Op's
- Must actively participate in Escape and Evasion



# IMPORTANT

## PROCESS FOR REGISTRATION

1. Fill out the Lighthouse Application for a scholarship to Space Camp.
2. Email the completed application to [ayorke@lhbindustries.com](mailto:ayorke@lhbindustries.com) no later than August 15, 2020.
3. Complete the online registration for SCIVIS no later than August 15, 2020.
4. You must complete both a Lighthouse for the Blind Scholarship Application as well as ALL online registration required by Space Camp or scholarships will not be granted.
5. See LHB website for complete details.

# LIGHTHOUSE FOR THE BLIND SPACE CAMP SCHOLARSHIP APPLICATION

**SUNDAY, SEPTEMBER 27- FRIDAY, OCTOBER 2, 2020**

**APPLICATION DEADLINE: AUGUST 15, 2020**

*Please note:* All kids must be age 9-18 years of age to be able to participate.

\*Students must be in the 4<sup>th</sup> grade or older to attend camp.

## **Camper Personal Information**

Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

Birth Date \_\_\_\_\_ Age at time of camp \_\_\_\_\_ Sex:  M  F

Grade at time of camp \_\_\_\_\_ School District \_\_\_\_\_

## **Parent/Guardian Information:**

Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Day Phone \_\_\_\_\_ Evening Phone \_\_\_\_\_

Email \_\_\_\_\_

## **Emergency Contact Information:**

Emergency contact: \_\_\_\_\_ Relationship \_\_\_\_\_

Day Phone \_\_\_\_\_ Evening Phone \_\_\_\_\_

**Visual Classification** (Please check one. If you are not sure, please estimate) :

- B1:** No light perception in either eye up to light perception, but inability to recognize the shape of a hand at any distance or in any direction.
- B2:** From ability to recognize the shape of a hand up to visual acuity of 20/600 and/or a visual field of less than 5 degrees in the best eye with the best practical eye correction.
- B3:** From visual acuity above 20/600 and up to visual acuity of 20/200 and/or a visual field of less than 20 degrees and more than 5 degrees in the best eye with the best practical eye correction.
- B4:** From visual acuity above 20/200 and up to visual acuity of 20/70 and a visual field larger than 20 degrees in the best eye with the best practical eye correction.

Eye Condition: \_\_\_\_\_

**Please attach to this application any information on eye condition that chaperones need to know to assist your child and provide a safe environment.**

There are certain rides (simulators) that may cause harm to people with certain eye conditions. Please see the attachment and list any concerns below. Does your child have an eye condition we should be aware of? :  Yes  No

If “yes” please explain: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

What Space Camp Program do you wish to attend? (See page 3 for program info. You must choose a program to participate in).

\_\_\_\_\_

Any known food allergies we should be aware:  Yes  No

If yes, please explain: \_\_\_\_\_

Any known allergies to plants, bees, outdoors, etc? If yes, please explain and let us know if the participant will require any assistance: \_\_\_\_\_

\_\_\_\_\_

Is the participant taking any medications we should be aware:  Yes  No

If yes, please explain and let us know if the participant will require any assistance: \_\_\_\_\_

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Are there any health or injury issues we should be aware:  Yes  No

If yes, please explain: \_\_\_\_\_

Has the participant ever spent the night away from home before?  Yes  No

T-Shirt Size : Youth Small  Youth Medium  Youth Large  OR  
Adult Small  Adult Medium  Adult Large  Adult XL

**Travel Plans:** All participants must have their own transportation to and from Lighthouse for the Blind. Once participants arrive at Lighthouse for the Blind, transportation will be provided to Space Camp by chartered bus.

- Details on arrival and departure time will be mailed to you in the future. We typically meet at the Lighthouse at 5:00 a.m. or 5:30 a.m. for departure.

Participants must:

1. Display behaviors that allow them to function in a group setting that does not affect other group members  
Must not display defiant behavior (this includes refusing to stand in a line, refusing to participate in a variety of activities, refusing to abide by the bed time) If a child has disciplinary problems at camp they will not be able to apply again the following year.
2. Not possess a medical problem that requires a nurse for constant supervision.
3. **Parents must disclose ALL necessary information that will allow us to provide a safe environment for the week. This includes ANY issues that may arise behaviorally or medically. Please attach this information to the application.**
4. Campers may jeopardize their opportunity to attend in following years if they display the following:
  - Defiant or conduct disorders
  - Have mobility limitations that prohibit them from ambulating 1/2 mile or inability to participate in the activities.
  - Does not have the independent and organizational skills required for participation (see list for more details)

#### **Release**

This application must be completed in FULL.

**General Liability Waiver:**

I, \_\_\_\_\_, being the parent/legal guardian of \_\_\_\_\_, do hereby consent to his/her participation in voluntary functions sponsored and/or organized by the Lighthouse for the Blind – St. Louis. I understand that he/she is responsible for his/her behavior. I do hereby waive and release, the Lighthouse for the Blind – St. Louis, their service partners (including schools) and/or sponsors of any project, event, or function, from all claims and liabilities, of any kind whatsoever, arising from, whether directly or indirectly, my child/ward’s participation in Lighthouse for the Blind – St. Louis, and or functions.

**Transportation Liability Waiver:**

I do hereby consent to The Lighthouse for the Blind – St. Louis providing transportation (in commercially procured and private vehicles) for my child/ward if necessary. I do hereby waive and release the Lighthouse for the Blind – St. Louis, their service partners and/or sponsors of any project or function, from all claims and liabilities, of any kind whatsoever, arising from, whether directly or indirectly, my child/ward’s involvement in transportation services provided by the Lighthouse for the Blind – St. Louis.

**Release to Seek Medical Treatment\***

In the event of a medical emergency, I do hereby consent to the Lighthouse for the Blind – St. Louis releasing my child/ward to the nearest, most appropriate medical professional available. I understand that the Lighthouse for the Blind – St. Louis will notify me of such an event immediately after they have sought proper medical treatment for my child/ward at the following phone number: \_\_\_\_\_.

\*If your child/ward has a chronic or recurring medical condition, for which emergency treatment is not necessary, please address your child’s/ward’s needs in the appropriate area of this application.

**Photo Release**

I hereby grant permission to use my child’s/ward’s likeness in a photograph in any Lighthouse for the Blind publications, including website entries, without payment or any other compensation. I understand and agree that these materials will become property of the Lighthouse for the Blind – St. Louis and will not be returned.

**By signing below, I indicate that I understand and agree to the items above.**

\_\_\_\_\_  
**Participant’s Signature**

\_\_\_\_\_  
**Parent’s/Guardian’s Signature (if under age 18)**

**Proposed Simulators for use in the US Space and Rocket Center Program for Visually Impaired Children**

**1/6 Microgravity Chair**



This chair is designed to simulate the moon's gravitational pull. The chair can move both vertically and horizontally. Vertical height is controlled by a counselor. Protective gear includes helmet and seatbelt.

The movement of this chair is extremely gentle. This presents no greater risk for a visually impaired child, regardless of the cause of visual impairment, than it would for a sighted child.

**5 Degrees of Freedom Chair:** This chair is designed to simulate movement in a frictionless environment. Movement in 5 different directions is possible, including: forward/backward, side-to-side, roll, pitch and yaw. Protective gear includes helmet and safety straps. Excursion of the chair is in great part controlled by the counselor.

Movement of this chair is gentle with no rapid acceleration or deceleration. This simulator incurs no greater risk for a visually impaired child than for a sighted child.

**Manned Maneuvering Unit-1 G Trainer (MMU):** This unit simulates a manned maneuvering unit operating in the micro-gravity of space. Similar to the 5 Degrees of Freedom Chair, motions include forward/backward, side-to-side, roll, pitch and yaw. Although inversion was previously an option, it is no longer allowed. Protective gear includes helmet and safety straps.

Use of this simulator involves slow positional changes with no inversion or rapid acceleration changes. Movement in large part is controlled by a counselor. This simulator incurs no greater risk for a visually impaired child than for a sighted child.

**Multi-Axis Trainer (MAT):** This unit simulates a tumble spin experience during reentry into the earth's atmosphere. The MAT does not spin more than twice in the same direction, but does produce inversion. There are rapid accelerations and decelerations. Theoretically there is no shifting of the inner ear fluid and therefore no vertigo with resultant nausea or vomiting is produced. Protective gear includes hand and foot restraints as well as a 5-point harness.

This trainer produces rapid but mild changes in direction. Dizziness and nausea may result despite an intact vestibular or inner ear system. There is minimal head restraint and therefore precaution must be exercised in children with poor head control. Otherwise, there is no increased risk for the visually impaired child than for a sighted. Theoretically, vestibular disturbance is inhibited by an intact visual system. Nausea and disorientation may persist in children with extremely limited vision.

**Space Shot:** This unit simulates the rapid acceleration of a rocket escaping earth's gravity. There is rapid acceleration and a slow deceleration. Safety precautions include a seat belt and a protective padded bar which fits over the shoulders. At the top of the ride as acceleration ends, campers experience a hard jolt as falling down into a padded seat.

This unit poses no greater safety risk for visually impaired children than it does for sighted children. The rapid acceleration and the jolt against the seat bottom may be more problematic in children with muscular-skeletal disease, in particular, poor muscle tone and head control.

**Centrifuge:** The Centrifuge is a simulator, which produces a rapid circular motion. This ride was unavailable. However, the instructional manual states that a 3g force (between 150lbs - 450lbs) is generated over a 15-minute ride. The subject will experience chest pressure. Breathing may be mildly impaired. As long as the head is still, dizziness or vertigo are

usually not encountered. However, with head movement (i.e. lifting the head up) prolonged nausea and vomiting may ensue.

Although the simulator itself appears to pose no increased risk for a visually impaired child as compared with a sighted child, prolonged vomiting following the ride can cause unacceptable increase intraocular pressure. This would pose a risk of vision loss to children with end stage glaucoma. In addition, children with proliferative diabetic retinopathy or other retinal vascular anomalies would be at increased risk for intraocular hemorrhage. Vitreous hemorrhage may require a surgical procedure. Therefore, children with proliferative diabetic retinopathy, and stage glaucoma, or other retinal vascular anomalies may be at risk for vision loss from prolonged vomiting after riding this simulator.

### **Other considerations: Specific eye diseases**

#### **Retinal detachment**

The question of risk as been raised specifically for children with a history of retinal detachment repair. Following successful retinal reattachment, the retina is stable or more stable than prior to surgical repair. It is unlikely that any of the above simulators pose a significant risk of retinal detachment. One exception is children with intraocular silicone oil or intraocular gas. In these children, positioning is essential for successful retinal reattachment. These children should not be inverted and in many cases should not lie on their backs. It is unlikely that these children would be participating in space camp activities since this would likely occur in the immediate post-operative period.

Although several eye conditions predispose retinal detachment, the simulators discussed above should not significantly increase the risk of detachment. A greater risk is associated with extracurricular activities (i.e. contact sports).

#### **Glaucoma**

Risks for children with glaucoma include prolonged inversion and persistent vomiting. Both of these conditions increase intraocular pressure. This should only be a problem in children with end stage glaucoma.

#### **Eye Trauma**

The risk of vision loss from eye trauma is of common concern in visually impaired. Protective eye wear would be appropriate for those children who have eye surgery (i.e. glasses with plastic safety lenses). To decrease the risk of trauma it would be helpful to provide counselors with a brief description of each child's visual dysfunction. The significance of general classes of visual impairment could be included in counselor training sessions. Examples include children with retinitis pigmentosa who function quite well under bright illumination but who rapidly become visually impaired with decreased environmental lighting. In these children, limited peripheral vision may preclude them from seeing common objects at floor level (i.e. trash cans). Children with extreme light sensitivity (i.e. achromotopsia) function quite well with decreased room illumination. However, in bright sunlight vision impairment increases dramatically and therefore mobility becomes more difficult, particularly in unfamiliar environments.